Curriculum Vitae

NAME Justin LADE

MBBS (Hons), FRACS.,(Orth)., FA Orth.

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I am an Australian and Internationally trained Orthopaedic Surgeon based in Melbourne's Eastern and Western suburbs. My practice works closely with a professional team of nurses, physiotherapists, and orthotists in delivering the highest quality of advice, care and rehabilitation.

SPECIALISING IN

<u>Hip</u>

Joint Replacement and revision reconstruction

Sports injuries

Trauma and management of fractures

Knee

Joint Replacement and revision reconstruction

Arthroscopy and sports injuries

Ligament reconstruction (anterior & posterior cruciates and collaterals)

Patellofemoral OA & instability

Trauma

OPERATING PRIVILEDGES

Waverley Private Hospital 2007 ongoing The Valley Private Hospital 2009 ongoing 2007 - 2014 The Avenue Private Hospital

QUALIFICATIONS

2002 RACS Orthopaedics Part II Fellowship Exams

1996 Fellowship of the Royal Australasian College of Surgeons

1993 Bachelor of Medicine, Bachelor of Surgery (Hons)

Melbourne University, Victoria, Australia

1987 VCE Brighton Grammar School

Overseas Fellowships (2004 -2008)

2006 Arthroplasty Fellowship – RIE Edinburgh UK

2005 Arthroplasty Fellowship – Western Hospital Toronto Canada

Specialising in:

- Hip Arthroplasty and Revision Surgery
- Knee Arthroplasty and Revision Surgery
- Arthroscopy and soft tissue reconstruction
- ACL Reconstructive surgery

Professional Affiliations

Member of the Australian Orthopaedic Association

Fellow of the Royal Australasian College of Surgeons

Australian Arthroplasty Society

Australian Medical Association (AMA)

Melbourne University Alumni

Memberships

Royal Melbourne Golf Club (RMGC)

Melbourne Cricket Club (MCC)

Old Brighton Grammarian Football Club (OBGFC)

Research and Publications

R 1	PRCT one dose vs. four doses prophylaxis antibiotics – Western Health Footscray, Vic Australia (awaiting ethics approval)
R 2	Meta analysis one dose vs. four doses prophylaxis antibiotics - Western Health Footscray, Vic Australia (in progress)
R 3	Cemented Captive Cups – Survival – Royal Infirmary Edinburgh (in progress)
R 4	Total Femoral Prostheses – Short to mid-term Results – Royal Infirmary Edinburgh (in progress)
R 5	2 Stage re-implantation Revision for Infected TKR's – <i>Toronto Western Hospital (in progress)</i>
R 6	Variall Hip Trial – a PRCT of Bearning Surfaces – Western Health Footscray Vic Australia (in progress)
P1	Single vs multiple doses of antibiotic prophylaxis in limb fracture surgery. ANZ Journal of Surgery 10 / 2012
P2	An integrated approach to Surgical audit. ANZ Journal of Surgery 5 /2011
Projects	
P 1	Co-Founder and Developer of the "Clinman" Surgical Audit System – Western Health Footscray Vic Australia
P 2	Infected Arthroplasties Protocol – Western Health Footscray Vic Australia
P3	Tranexamic Acid Protocol - Western Health Footscray Vic Australia
P4	Plavix and Neck of Femur Fracture Protocol - Western Health Footscray Vic Australia

Presentations

International

2008	Knee Arthroscopy – Tips & Tricks – Christchurch NZ COE
2007	Revision Arthroplasty – Royal Infirmary Edinburgh COE
2007	Management of the OA Knee – Summer University Royal
	Infirmary Edinburgh
2006	Management of OA – Edinburgh University
Domestic	
2015	Common Sports Injuries to the Lower Limb – Symmetry
	Physiotherapy and Sports Medicine – CPD
2015	Worrisome Retrieval of X3 Tibial Insert: Case report –
	Arthroplasty Society of Australia Annual Scientific Meeting –
	Noosa QLD
2015	Management of Lower Limb – Hip Osteoarthritis, Achilles
	Tendon Ruptures – Wellness on Wellington Medical Centre -
	CPD
2015	Triage and conservative management of the painful hip / knee
	joints and ACL reconstruction and TA ruptures protocols – The
	Sports Injury Physiotherapy Clinic - CPD
2015	Osteoarthritis – Glen Waverley Rotary Club
2015	Personal Retrieval – Case Study Mr B. T – Valley Private
	Hospital GP CPD session
2015	Hip and Knee Assessment Protocols – Fountain Gate
	Physiotherapy Clinic – CPD
2015	Management of Lower Limb injuries – Narre Warren
	Physiotherapy Centre CPD
2014	A Holistic approach for the management of Arthritic Pain –
	South Eastern Melbourne General Practitioners & Allied Health
	personnel – CPD

2010	Short Term Results of Hinged Knee Replacement – NSW:
	Australian Arthroplasty Society Annual Scientific Meeting (ASM)
2010	Sorting out the Lower Limb – WPH: GP's CPD
2009	The Difficult Primary Knee Arthroplasty – Brisbane: COE
2009	Knee Trauma & Surgery – DH: COE
2009	Trabecular Metal Acetabular Reconstruction: Melbourne
	University Zimmer Faculty Workshop
2009	Unusual Knee Arthroplasty – Qld: Australian Knee Society
	Annual Meeting
2008	OA of the Hip – VPH – GP's CPD
2008	Working out the Knee – MIA 0 GP's CPD
2007	Fellowship Training for Victorian Registrar's – Registrar
	Education
2002	Autologous Drainage Reinfusion in Joint Arthroplasty –
	Australian Orthopaedic Annual Scientific Meeting
2000	Current Trends with Anticoagulation in Orthopaedics –
	Wangaratta Base Hospital (Victoria) Australia
2000	The role of Caudal Epidurals in Low Back Pain and Sciatica –
	Ballarat Base Hospital (Victoria) Australia
1998	Tibial Plateau Fracture Outcome and X-Ray Observer Variance
	– RACS Victorian Branch Meeting

Teaching

AOA Trial Exam FRACS Part 2 Co-ordinator

Final Year Registrars Tutor

Mentoring Scheme: Australian Orthopaedic Training, Victoria

Teaching of JMS / allied health and nursing staff

Awards

2010 AOA Tass Paxinos Award for Victorian Registrar Teaching

2011 AOA Tass Paxinos Award for Victorian Registrar Teaching

Interests / Hobbies

- Golf
- Football
- Tennis
- Surfing / swimming
- Running
- Music
- Food & Wine appreciation

- Squash
- Cricket
- Skiing
- Hiking
- Reading
- Film
- Bike riding